

## Provider Recommendations for Intervention Development

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**Project Description:** This pilot study will gather data to aid in preparing a submission of an R01 intervention proposal to develop and test an expectancy-based program for HIV+ adults who are planning to initiate antiretroviral therapy.

We will conduct individual interviews with 10 HIV medical providers (physicians, Nurse Practitioners, and Physician Assistants) who treat a large number of HIV+ clients in their practice will include providers who work in HIV specialty clinics (such as Ward 86 at SFGH and EBAC in Berkeley), and providers who are in private practice settings that have many HIV+ patients in their caseloads. Additionally, we will conduct three focus groups with (1) case managers/treatment advocates, (2) nurses, and (3) pharmacists who work in the above settings. The objective of these activities is to solicit recommendations from providers for intervention content, format, and timing so that the resulting intervention program is most responsive to the needs of patients and the providers who treat them.

**Significance:** There is compelling evidence from cross-sectional research with HIV-positive adults on antiretroviral therapy that beliefs about treatment and self-efficacy for adherence are related to adherence and clinical outcome. It is unknown whether the beliefs held once treatment has begun are the same as the expectancies the patient held before starting medications.

**Project Recruitment Dates:** Recruitment began in January 2006.

**Project End Date:** August 2006